



## Mango, Green & Red Peppers Salad

Serves 4

### INGREDIENTS

1 green pepper sliced  
1 red pepper sliced  
1 yellow pepper sliced  
1 red onion sliced  
2 cloves garlic crushed  
5g of ginger - sliced finely  
Add Salt and Pepper to taste  
100g **Karimix Mango Chutney**

### METHOD

1. Heat some oil in a frying pan.
2. Add onions and ginger and stir fry.
3. Add garlic and pepper and stir fry until peppers are cooked.
4. Add **Karimix Mango Chutney** and salt and pepper to taste.

#### *Serving suggestions:*

Roast pork  
Roast chicken  
Noodle  
Tofu